

The worksheet contains 10 identical horizontal rows. Each row is defined by three horizontal lines: a thick black top line, a middle line with 7 evenly spaced dots, and a thick black bottom line. The rows are stacked vertically with equal spacing between them.



The form consists of 12 horizontal lines, each with 7 dots positioned below it. The dots are evenly spaced and serve as guides for writing short strips of text. The lines and dots are black on a white background.

