



Pounds and Ounces

Let's explore measurements in pounds and ounces.

Warm-up

Notice and Wonder: A Recipe

What do you notice? What do you wonder?

- ☐ 14 ounces of rice
- ☐ $\frac{1}{2}$ pound of ground beef
- ☐ 2 cans (2 pounds) of kidney beans, drained and rinsed
- ☐ 1 jar (24 ounces) of picante sauce
- ☐ 12 ounces of shredded Cheddar cheese

Activity 1

Pounds and Ounces

Your teacher will show images of some packaged food items.

- 1. Use the information on the images to find out how pounds (lb) and ounces (oz) are related.
 - a. Write a sentence to describe the relationship between the 2 units.

- b. Use 2 pieces of information to show that your conclusion is correct.

- 2. Complete this table, with amounts in ounces.

pounds (lb)	ounces (oz)
1	
2	
3	
4	
5	
8	
10	



Activity 2

Party Prep

1. A family is cooking for a party and needs to buy some ingredients for a main dish:

- 5 pounds of rice
- $\frac{1}{2}$ pound of almonds
- 2 pounds 8 ounces of pinto beans

How many ounces of each ingredient does the family need to buy? Show your reasoning.

2. To make the dessert, they need 6 pounds of flour. If they already have 40 ounces of flour in the pantry, how many more ounces of flour do they need to buy?